

## Health Requirements

### On Campus Programs

- ☐ **Measles, Mumps, & Rubella (MMR)**  
2 doses of MMR vaccine given after 12 months of age are required of all students born after 1957 **OR** positive antibody titers for measles, mumps, and rubella
- ☐ **Hepatitis B**  
2 or 3 dose series depending on vaccine (2 doses of Heplisav-B or 3-dose series of Engerix-B, Recombivax B, or Twinrix) **AND** a positive Hepatitis B surface antibody blood titer (the titer is not traditionally part of the series)
- ☐ **Varicella (chickenpox)**  
2 doses of varicella vaccine **OR** A positive blood test showing immunity for varicella IgG (disease history NOT accepted)
- ☐ **Tdap**  
1 dose of Tdap given within the last 10 years (Td acceptable thereafter)
- ☐ **Tuberculosis Screening (TB/PPD)**  
2 separate TB skin tests, given and read at least 1 week apart, within the last year **OR** 2 consecutive annual TB skin tests within the last year **OR** Quantiferon or T-Spot (IGRA testing) within the past 12 months. A TB Risk Assessment form is required annually thereafter.  
  
Students with a history of a positive TB test or IGRA must a copy of a negative chest x-ray report done in the U.S., documentation of any treatment received, and complete a symptom assessment form initially and annually.
- ☐ **Influenza**  
Annual seasonal influenza vaccine (during flu season) or declination
- ☐ **Covid-19 Vaccine**  
Proof of vaccination or declination is required
- ☐ **CPR Certification**  
Must be **American Heart Association Healthcare Provider BLS**
- ☐ **Physical Exam**  
Must be within the past 12 months and use the NMC Physical Exam form
- ☐ **Drug Screen**  
10 panel drug screen; done in Campus Health
- ☐ **Health Insurance**  
If your name/surname is not on the card, must obtain verification of coverage
- ☐ **Background Check and Nebraska Abuse Registry**

### Recommended Immunizations:

**Meningitis** - Required for students living in on-campus housing (or signed declination)

**HPV** - Recommended for both male and female students

### Deadlines for submitting immunizations:

Fall semester – August 1

Spring semester – January 1

Summer semester – May 15